

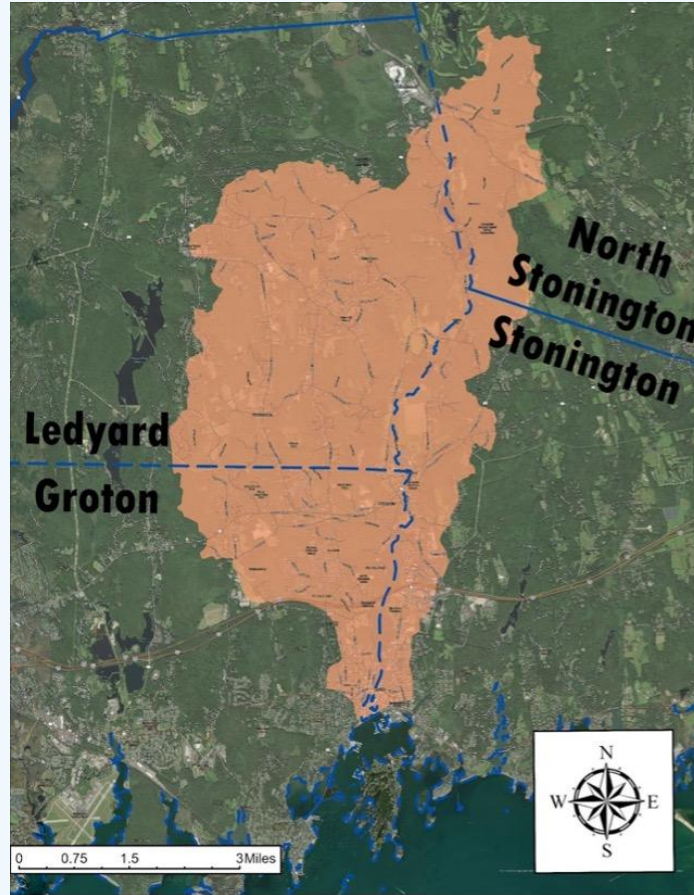
# Analysis of Water Quality and Land Use Dynamics within Connecticut's Mystic River Watershed

Christopher Fan  
UConn Climate Corps - Spring 2024

# Overview of Project

- Examine land use patterns and water quality dynamics in the Mystic River Watershed
- Utilize UConn CLEAR watershed assessment tool to observe spatial patterns of land use within the watershed
- Create actionable insights that will influence decision-making processes and assist the implementation of sustainable watershed management and conservation practices.

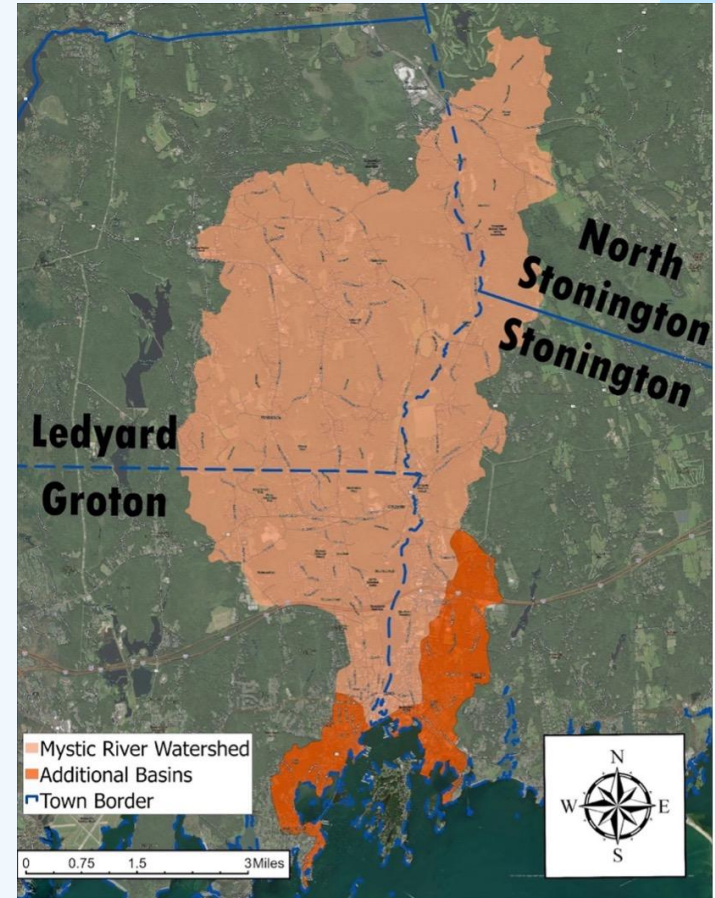
# Mystic River Watershed



# Methods

## Watershed Research Area and Sub-regions:

- Utilized UConn CLEAR watershed assessment tool
- Defined Mystic River Watershed and its main sub-regions
  - Williams Brook, Haleys Brook, Mystic River, and Whitford Brook
- Included five additional basins to represent larger hydrological environment
  - Basins include areas in Pequotsepos Brook, Noank, and Mystic Harbor



## How Healthy is My Watershed? select your basin/town to get key stats.

[by Basin](#)
[by Town](#)


### CT Hydrography

#### Hydrography

##### Hydrography Line 3

- Water
- Shore
- Drainage Ditch
- Intermittent Water
- Dam
- Dredged Channel

#### What is Combined Condition Index?

Combined Condition Index (CCI) is an index that describes the probable health of a watershed. CCI of a watershed is calculated by the ratios of **natural**, **impervious**, and

**TO GET INFORMATION FOR SPECIFIC BASIN(s)** Click the **Select** tool (upper left corner of the map) and then zoom in on the map to select basin(s) of your interest. The selected basin(s) will be highlighted in **blue** and the information about the basin(s) will appear in the charts below and the box on the right. The box and charts will be interactively updated for the selected basin(s). You can use the layer button to turn layers on/off.



1 of 14

### Basin 2103-00

Combined Condition Index: **0.67**

Recovery Category: **Recovery**

Enrichment Factor: **2.53**

Acre: **2,102.69**

Sub-Region: **Williams Brook**

#### What is Recovery Category?

Recovery Category indicates the suggested land use strategy for a watershed based on the current CCI value. Recovery Category is designated:

#### Land Cover Area within Riparian Zone



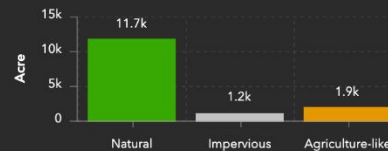
This bar chart represents **total** acreage of each land cover within **riparian zone** for selected basin(s).

#### Land Cover Percent within Riparian Zone



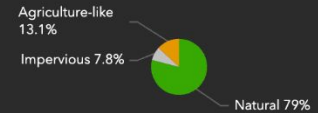
This pie chart represents **average** percent area of each land cover within **riparian zone** for selected basin(s).

#### Land Cover Area within Upland Watershed



This bar chart represents **total** acreage of each land cover within **upland watershed** for selected basin(s).

#### Land Cover Percent within Upland Watershed



This pie chart represents **average** percent area of each land cover within **upland watershed** for selected basin(s).



# Methods

## Data Collection and Mapping:

- Downloaded NOAA's 2016 C-CAP Connecticut Land Use Cover dataset
- Mapped dataset on ArcGIS Pro for Mystic River Watershed
- Shapefiles and data related to watershed variables obtained from UConn CLEAR

## Data Analysis:

- Combined and examined datasets using ArcGIS Pro
- Created spatial representations and maps of water quality dynamics, land use patterns, and other factors in watershed
- Utilized natural breaks (Jenks natural breaks classification) method for land use and enrichment maps



# Variables

## Combined Condition Index (CCI)

- Describes projected health of a basin within Mystic River Watershed
- Calculated using ratios of natural, impervious, and agriculture-like land cover
- Ranges from 0 to 1, with recovery categories based on CCI rating
  - **Conservation** ( $CCI \geq 0.75$ )
  - **Recovery** ( $0.43 \leq CCI < 0.75$ )
  - **Mitigation** ( $CCI < 0.43$ )

## Enrichment Factor (EF)

- Measures nitrogen (N) anticipated in basin's waters relative to a theoretical baseline
- Indicates nitrogen pollution threat, especially for watersheds draining into large bodies of water like Long Island Sound
- EF is a ratio, with higher values indicating higher nitrogen load compared to a pristine watershed

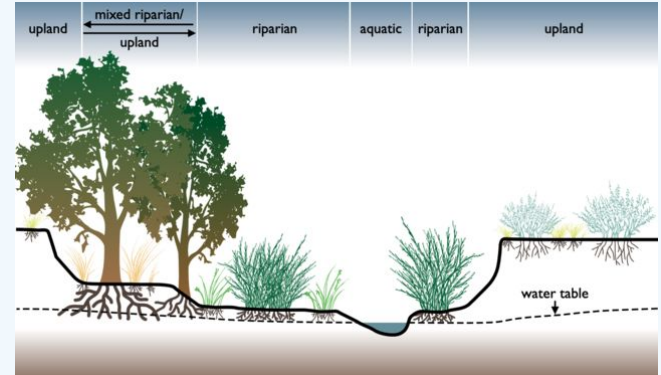
# Variables

## Riparian Zone

- Ecosystems at boundary of terrestrial and freshwater habitats along waterways
- Small area but provide significant biodiversity and ecological services
- Functions include habitat provision, water quality preservation, bank stabilization, floodwater velocity reduction
- Vulnerable to land use changes
- NOAA Land Cover dataset uses an 100-foot riparian zone

## Upland Watershed

- Areas not regularly flooded from a stream





# Limitations

## Exclusion of Mason's Island

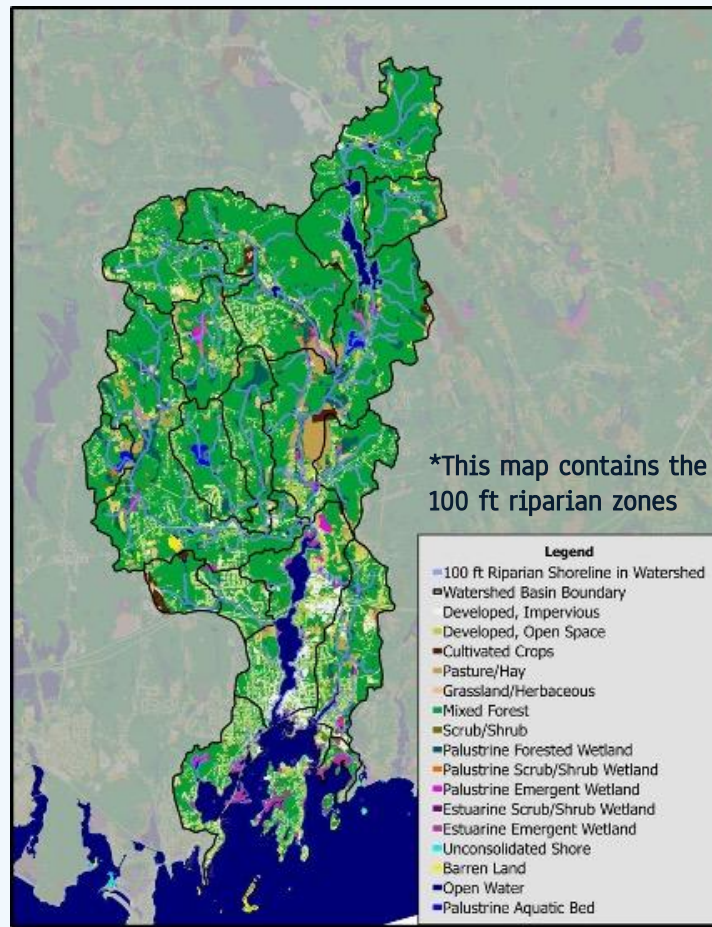
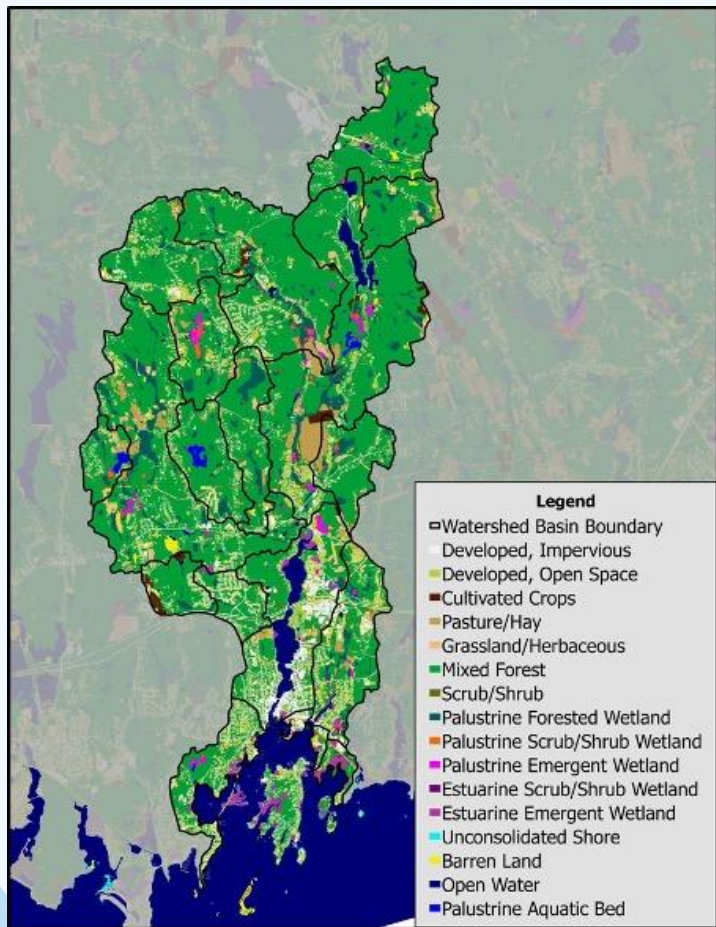
- Due to lack of CCI data

## Data Set Limitation

- 2016 Land cover dataset was used despite efforts to use the most recent datasets

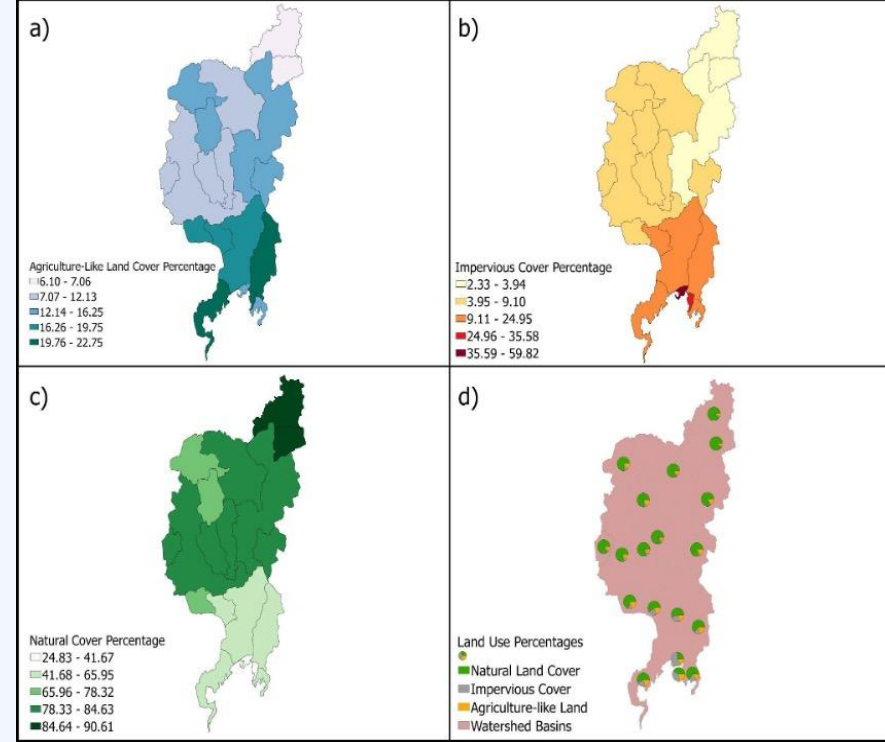
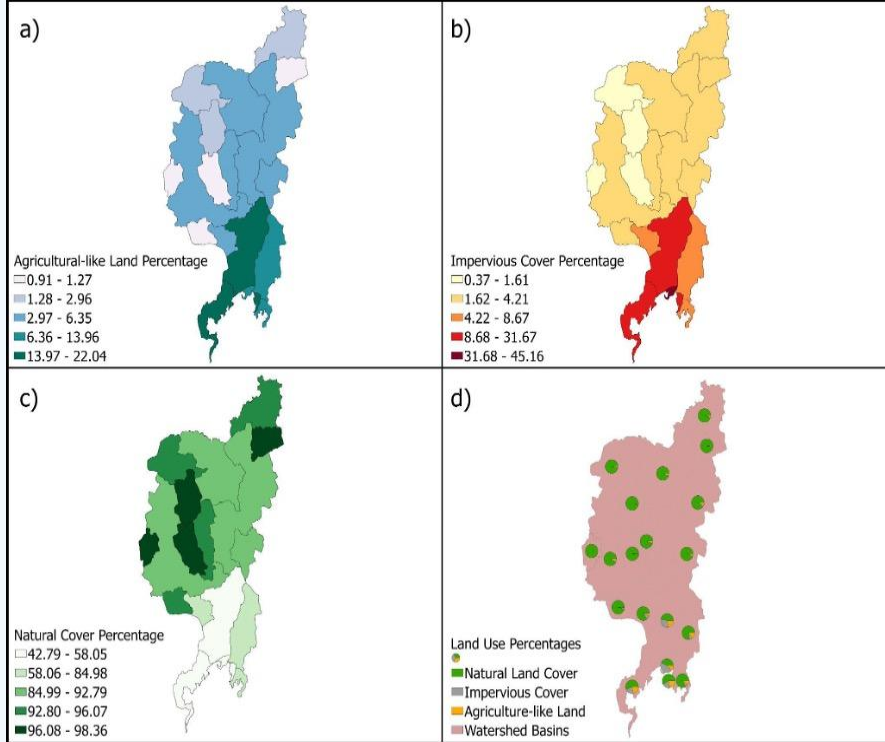


# Results



# Riparian Zone

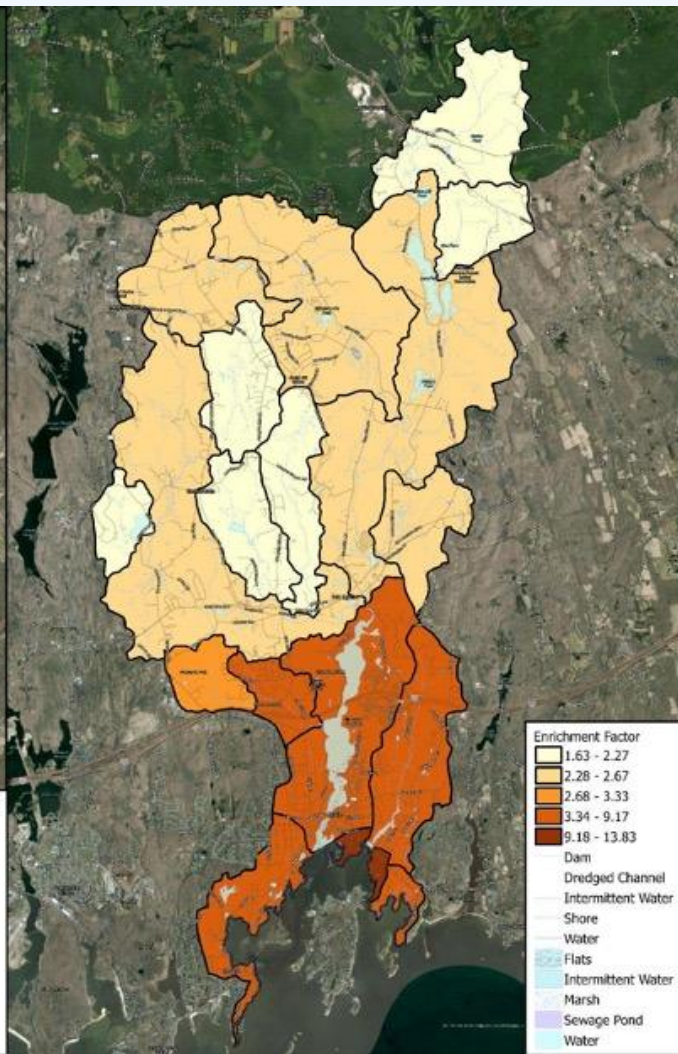
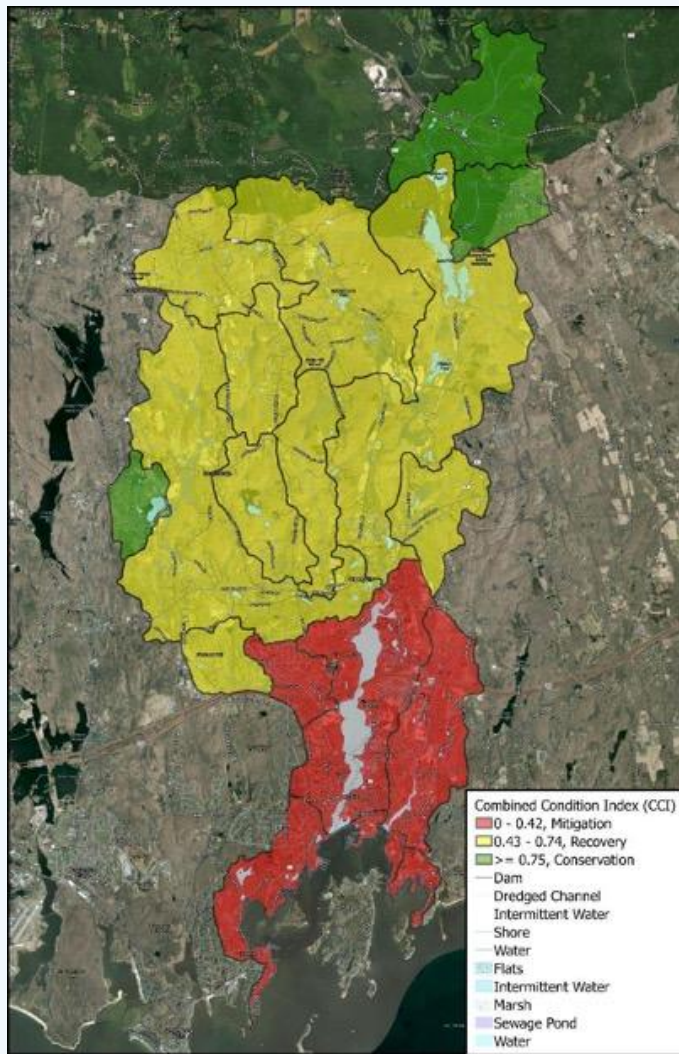
# Upland Watershed



Land Use Distribution within Riparian Zones (a) Agriculture-like land. (b) Impervious Cover. (c) Natural Land. (d) Percentage of land use in each basin.

Land Use Distribution within Upland Watershed (a) Agriculture-like land. (b) Impervious Cover. (c) Natural Land. (d) Percentage of land use in each basin.





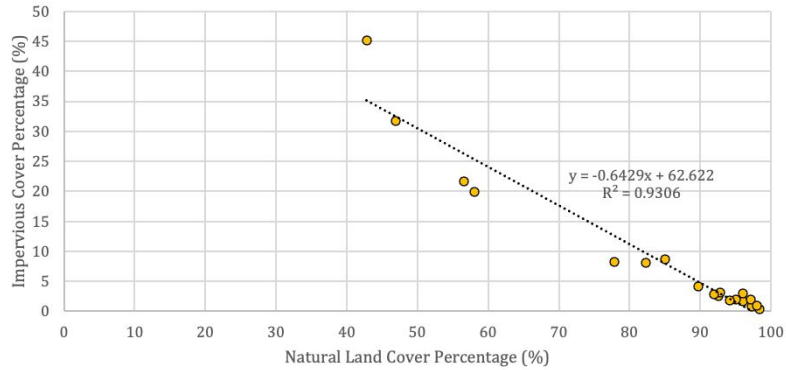
# Results

**Table 1:** Mystic River Watershed Health Categories

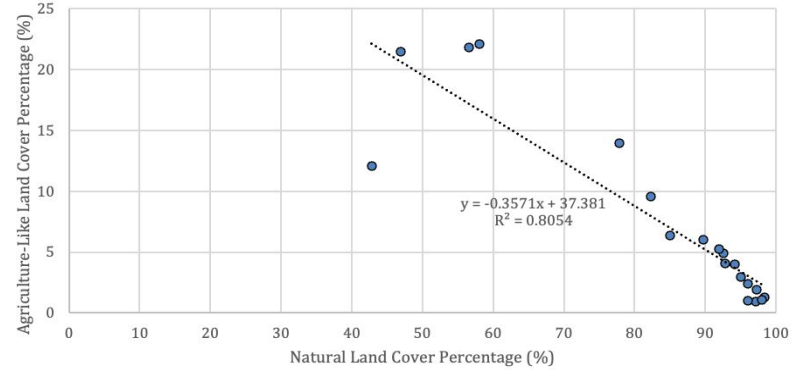
	Mitigation	Recovery	Conservation
Number of Basins	7	9	3
Average Impervious Cover Percent	20.49%	2.30%	1.45%
Average Agricultural-Land Like Cover Percent	15.31%	3.40%	1.71%
Average Natural Cover Percent	64.20%	94.3%	96.8%
Average CCI	0.24	0.67	0.80
Average EF	8.71	2.56	0.63

# Results

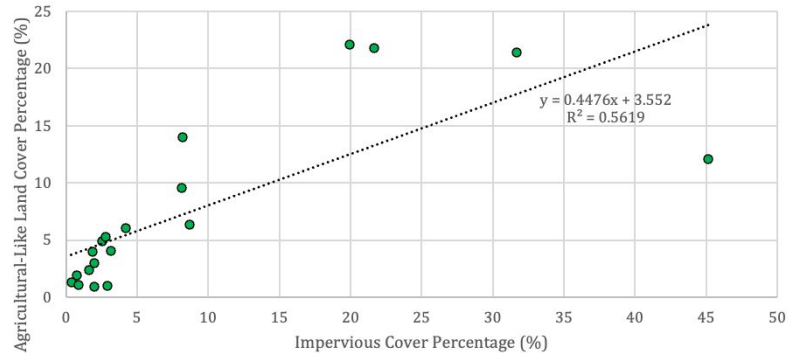
Impervious Cover Percentage versus Natural Land Cover Percentage



Agriculture-Like Land Percentage versus Natural Land Cover Percentage



Agricultural-Like Land Percentage versus Impervious Cover Percentage



# Summary of Results

- Prominent pattern of higher concentrations of agricultural-like and impervious cover land uses south of CT-184 highway.
- Concerning environmental impact observed in yellow and red basins by human development, emphasizing need for restoration measures in riparian zone.
- Decrease in natural cover in southern basins, highlighting potential ecological implications of intensified human development.
- Urban development around Mystic Harbor leads to reduced rainwater infiltration, higher storm runoff volumes, and negative impact on water bodies.
- Urban impervious surfaces significantly impact watershed hydrology, limiting ecosystems' ability to remove excess nutrients.
- Rapid transport of pollutants, facilitated by impervious surfaces and agricultural land uses, poses significant risks to human health, aquatic ecosystems, and water quality.



# Strategies to Improve Watershed Health

- Implement vegetative and forest buffer zones to reduce pollution.
- Incorporate low-impact building options like green roofs and pervious pavements
- Implement rain gardens in areas with impermeable surfaces to regulate runoff and treat contaminants, improving groundwater recharge and pollutant removal.
- Avoid actions impairing ecosystems and water quality, such as excessive lawn maintenance and clear-cutting vegetation.
- Create riparian buffers with native coastal plants and reduce grass size to improve habitat and water quality.



# Next Steps

- Conduct additional geospatial assessments to pinpoint specific areas contributing most to pollution and impacted by runoff.
- Utilize watershed assessment tool's scenario builder feature to simulate land use scenarios and calculate required changes for shifting basin recovery categories.
- Once high-impact zones are identified, implement measures such as riparian buffer zones, low-impact development approaches, and improved stormwater management practices.
- Foster collaboration among stakeholders, including local communities, government agencies, and environmental organizations.

# Conclusion

- Human activities deeply influence Mystic River Watershed health.
- Land uses like agriculture and urbanization significantly affect the watershed.
- Conservation efforts and sustainable land management strategies are vital.
- Need for collaboration and evidence-based decisions.

# Acknowledgements

**Juliana Barrett, Renata Bertotti, and Mary Looney** for organizing the Climate Corps and helping me review my report throughout the semester.

**Maggie Favretti** for helping me organize and plan for the project.

**Emily Bigl, Jessica Cobb, and Helen Zincavage from Southeastern Connecticut Council of Governments (SCCOG)** for providing me with useful GIS layers to make the maps.

# References

Arnold, C. L., and C. J. Gibbons. 1996. Impervious Surface Coverage: The Emergence of a Key Environmental Indicator. *Journal of the American Planning Association* 62:243–258.

Barrett, J, and R. Cleveland. 2009. A Planting Guide for Riparian Sites Along the Connecticut Coast. <https://seagrant.uconn.edu/wp-content/uploads/sites/1985/2022/01/RiparianBufferBooklet.pdf>

Bell, C. D., C. L. Tague, and S. K. McMillan. 2019. Modeling Runoff and Nitrogen Loads From a Watershed at Different Levels of Impervious Surface Coverage and Connectivity to Storm Water Control Measures. *Water Resources Research* 55:2690–2707.

CCI Dashboard | Local Watershed Assessment Tool. (n.d.). . [https://experience.arcgis.com/template/68b1ebdd244a4f1a800a15af0e600307/page/CCI-Dashboard/.](https://experience.arcgis.com/template/68b1ebdd244a4f1a800a15af0e600307/page/CCI-Dashboard/)

Chesapeake Bay Program Forestry Working Group. 2003, December 9. Recommendations for the 2003 Directive on Expanded Riparian Forest Buffer Goals in the Chesapeake Watershed. [https://d38c6ppuviqmpf.cloudfront.net/content/publications/cbp\\_13252.pdf](https://d38c6ppuviqmpf.cloudfront.net/content/publications/cbp_13252.pdf)

CLEAR. 2022, January 1. Rain Gardens | CT NEMO Program.

González, E., M. R. Felipe-Lucia, B. Bourgeois, B. Boz, C. Nilsson, G. Palmer, and A. A. Sher. 2017. Integrative conservation of riparian zones. *Biological Conservation* 211:20–29.

Moulton, J. C. 1991. Policy Statement: Riparian Corridor Protection. Department of Environmental Protection Inland Fisheries Division. <https://portal.ct.gov/-/media/DEEP/fishing/restoration/RiparianPolicy.pdf>

Our Watershed | Alliance for the Mystic River Watershed. (n.d.). . <https://www.alliancemrw.org/ourwatershed>.

Qian, L.-P., Chester Arnold, UConn Center for Land Use Education and. 2022, October 28. The Local Watershed Assessment Tool. <https://storymaps.arcgis.com/stories/c5bf0694dfe24d488c3ead1a269c71ef>.

Riparian Areas | Elbow River State of the Watershed. (n.d.). . [https://experience.arcgis.com/experience/6f36edb6d53241f9a85f653f0db1c3a8/page/Riparian-Areas/.](https://experience.arcgis.com/experience/6f36edb6d53241f9a85f653f0db1c3a8/page/Riparian-Areas/)

Riparian Zone Information. (n.d.). . <https://www.tvwatershed.org/riparian-zone-information>.

Riparian Zones–It’s all about the Water (U.S. National Park Service). (n.d.). . [https://www.nps.gov/articles/000/nrca\\_glca\\_2021\\_riparian.htm](https://www.nps.gov/articles/000/nrca_glca_2021_riparian.htm).

The Case For Riparian Corridor Protections. (2021). <https://westcog.org/wp-content/uploads/2021/08/WestCOG-Riparian-Protections-and-Zoning-Strategies.pdf>

Withers, P. J. A., C. Neal, H. P. Jarvie, and D. G. Doody. 2014. Agriculture and Eutrophication: Where Do We Go from Here? *Sustainability* 6:5853–5875.